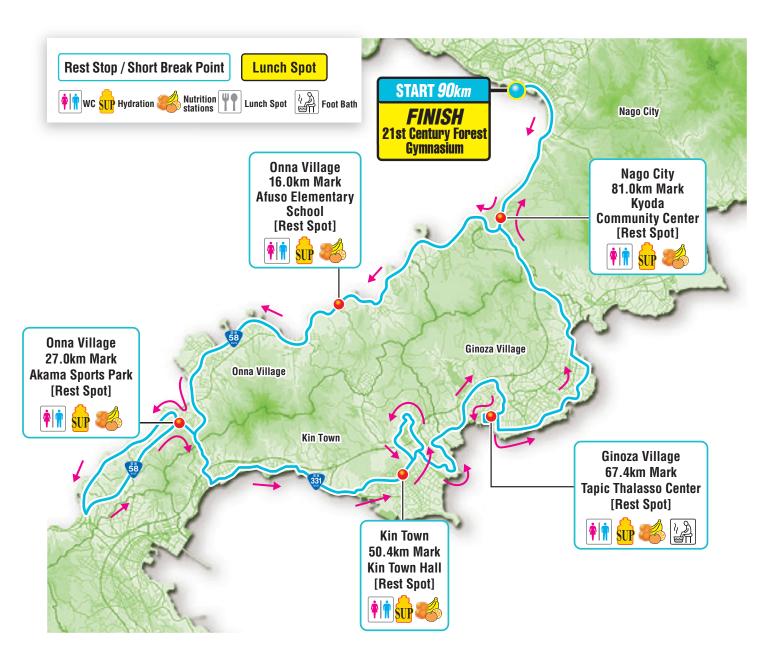
## The 37th "Tour de Okinawa 2025" Challenge Cycling Overall Map and Locations for Lunch, Rest, and Short Breaks

For the latest course updates, please refer to the official website.



## The 37th "Tour de Okinawa 2025" Challenge Cycling Time Limits and Aid Stations

If you are expected to exceed the cut-off time, staff may advise you to shorten your course or withdraw from the event. Please note that each aid station has designated opening and closing times.

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Passing Point	Distan (km)		Section Distance (km)	Front Rider Arrival	Break	Last Rider Arrival	Break	Cut-off Estimated Time	Next Destination	Notes
Nago Civic Hall	0.0	km	kn	8:00		8:30		8:40		Start
Yofuke Intersection	2. 2	km	2. 2 km	8:05		8:38		8:48		Straight
Ride past Busena Marine Park	10.7	km	8.5 km	8:25		9:12		9:22		Straight
Afuso Elementary School (Rest Point) 8:30~10:00	16. 0	km	5.3 km	8:38	0:10	9:34	0:15	10:00		Right Turn
Resuming Ride	16. 0	km	0.0 km	8:48		9:49		10:00		Right Turn
Turn right onto Onna Sunset Kaido (toward Route58)	19.0	km	3.0 km	8:55		10:01		10:11		Right Turn
Go straight at the intersection toward Route 88	24. 7	km	5.7 km			10:23		10:33		Straight
Turn right at the intersection above Akama Sports Park.	26. 1	km	1.4 km	9:12		10:29		10:39		Right Turn
Akama Sports Park (Rest Point) 9:00~11:00	26. 5	km	0.4 km	9:13	0:10	10:30	0:15	11:00		Left Turn
Resuming Ride	26. 5	km	0.0 km	9:23	L	10:45		11:00		Left Turn
Go straight past the south side of Akama Sports Park.	27. 4	km	0.9	9:25		10:49		11:10		Straight
Turn left at Nakadomari Intersection	33. 2	km	5.8 km	9:39		11:12		11:22		Left Turn
Right at the intersection south of Akama Sports Park.	38. 7	km	5.5 km	9:52		11:34		11:44		Right Turn
Turn left at Yaka (North) Intersection	42. 2	km	3.5 km	10:01		11:48		11:58		Left Turn
Kin Town Hall (Rest Point) 10:00∼13:00	50. 4	km	8. 2 km	10:20	0:10	12:21	0:20	13:00		Left Turn
Resuming Ride	50. 4	km	0.0 km	10:30		12:41		13:00		Left Turn
Turn left at Kinu Bridge Entrance	51. 3	km	0.9 km	10:33		12:45		13:00		Left Turn
Kin Dam Loop Entrance	51. 9	km	0.6 km	10:34		12:47		13:00		Left Turn
Turn left onto Route 104	55. 1	km	3. 2 km	10:42		13:00		13:10		Left Turn
Left at Kin Dam Entrance (from Route 104)	56. 3	km	1.2 km	10:45		13:05		13:15		Left Turn
Turn right at the T-junction inside Kin Dam Park.	56. 8	km	0.5 km	10:46		13:07		13:17		Right Turn
Turn right at the entrance to Kin Dam.	57. 0	km	0. 2 km	10:46		13:07		13:17		Right Turn
Turn left in front of the Water Intake Pump Station. (A shortcut will be indicated after 13:20.)	57. 2	km	0. 2 km	10:47		13:08		13:20	At 13:00, riders who have not yet completed the dam loop will be instructed to take the shortout route.	Left Turn
Turn left at the entrance to the Kin Town Football Center.	57. 9	km	0.7 km	10:48		13:11		13:21		Left Turn
Turn right in front of the KIN Radiation Therapy Clinic.	58. 1	km	0.2 km	10:49		13:12		13:22		Right Turn
Turn right at the entrance to Kin Sunrise Beach.	58. 7	km	0.6 km	10:50		13:14		13:24		Right Turn
Turn right at the exit of Kin Sunrise Beach.	59. 5	km	0.8 km	10:52		13:17		13:27		Right Turn
Turn left at the T-junction	59. 7	km	0. 2 km	10:53		13:18		13:28		Left Turn
Turn right at the T-junction	59. 9	km	0.2 km	10:53		13:19		13:29		Right Turn
Turn right at the crossroads in front of Nakada Motors.	60. 5	km	0.6 km	10:55		13:21		13:31		Right Turn
Turn left before the Kanna Fukuchi River. (A shortcut route will be instructed after 13:30.)	62. 1	km	1.6 km	10:59		13:28		13:30	Riders passing after 13:30 will proceed straight to the Tapic Therma Spa Resort.	Left Turn
Turn left in front of Parlor Kazu.	62. 4	km	0.3 km	10:59		13:29		13:39		Left Turn
Merge onto Route 331 and turn right.	65. 8	km	3.4 km	11:07		13:43		13:53		Right Turn
Tapic Thalasso Center (Rest Point) 11:00~14:30	67. 3	km	1.5 km	11:11	0:10	13:49	0:20	14:30		Left Turn
Resuming Ride	67. 3	km	0.0 km	11:21		14:09		14:30		Right Turn
Turn right at the crossroads (toward Kanna-Matsuda Road.)	68. 3	km	1.0 km	11:23		14:13		14:30		Right Turn
Turn right at the exit of the Kanna-Matsuda Road.	74. 7	km	6.4 km	11:39		14:38		14:48		Right Turn
Turn left at Yakasoba	76. 0	km	1.3 km	11:42		14:43		14:53		Left Turn
Kyoda Community Center Parking Lot(Rest Point) 12:30~17:00	81. 0	km	5.0 km	11:54	0:10	15:03	0:15	15:30		Right Turn
Resuming Ride	81.0	km	0.0 km	12:04		15:18		15:30		Left Turn
Turn right at Kyoda	81.1	km	0.1 km	12:04		15:19		15:30		Left Turn
Turn right at Minato 1-chome	87. 7	km	6.6 km	12:20		15:45		15:55		Right Turn
21st Century Forest Gymnasium (Finish)	88. 0	km	0.3 km	12:21		15:46		16:00		Left Turn
			Average Speed (Km/h	25		15				